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| **Morning Star Ranch** **Youth Gear List for 3-Day Retreats** |

**BRING TO REGISTRATION:**

**Medical Release Form** and any special medication **with written instructions**

**Participation Agreement**

**Family Banquet Reservation with payment for family and guest meals**

**IMPORTANT NOTE: Absolutely no cell phones** (they won’t work here anyway) or **electronic devices including iPods, mp3 players, computer games or iPads.**

**please refrain from bringing any clothing or items with skulls or satanic symbolism.**

**GEAR LIST: Be sure to write names on tags or on every item with permanent marker!**

Bible, pen or pencil

Hat, cap or visor **(mandatory for sun protection)**

Work gloves

Jeans or long pants **(no low-rise cut waist)**

Sweat shirt (for Spring Break Retreat)

2 Light weight long sleeve shirts **(to protect arms during work projects – old, button down the front, cotton shirt is best, knits are too hot – an old shirt from Dad’s closet will work great)**

Shirts **(modest necklines only)**

Shorts **(no short shorts)**

Socks **(tall as cowboy boots to prevent blisters on ankles and legs)**

Boots with heels and leather soles for riding horses **(no rubber soles – we have some boots so let us know your size if you need some – do not go out and buy boots)**

Tennis shoes **(no sandals allowed outdoors)**

Modest Sleepwear

Shoes for inside cabin only **(flip flops or house shoes - no outdoor shoes allowed inside)**

Toothbrush with case

Tooth paste

Personal items (soap, shampoo, deodorant, etc.)

1 Towel and 1 wash cloth

Kitchen trash bag or pillow case for dirty clothes

**FOLLOWING ITEMS ARE OPTIONAL:**

Rain jacket or poncho

Insect repellent

Camera

Fishing gear & bait

Sunglasses

Lip balm

Sunblock